



Dale Nissen

Senior Consultant and MHFA facilitator

Dale Nissen is a Senior Consultant with HSE Global and is a highly experienced health, safety and wellbeing (HSW) professional with over 25 years of experience working in Operational, Corporate and Regulatory HSW roles. Hailing from Broken Hill in Western New South Wales, Dale spent his early working years in the mining, timber, transport and disability industries where he learned, first-hand, how to operationalise effective health and safety leadership, behaviour and HSW management systems.

In the early 2000's, Dale commenced working for the OHS Regulator in Victoria as a Workplace Safety Inspector where he gained a thorough foundation in all aspects of workplace health and safety regulation and enforcement. Dale quickly transitioned into the role of Manager Wellbeing, Early Intervention and Return to Work for both the Victorian WorkCover Authority and WorkSafe Victoria. During this time, he developed a passion for Strategic Health and Wellbeing focussing on a positive approach to psychological health and safety. Dale led the organisation to implement several contemporary, best practice and industry acknowledged workplace mental health initiatives across a range of perspectives, including mental health promotion, stress risk management, early intervention and employee support programmes all driving for and achieving improved performance outcomes.

Dale is viewed as a respected and trusted practitioner in the field of mental health and wellbeing. He has been a key influencer in the area of workplace wellbeing for many years working with both industry and government to help develop and drive strategic plans for healthy workplaces, facilitate safety and wellbeing leadership training and develop tailored programs to address physical and psychological health and safety risk factors.

Dale is a passionate advocate for the management of critical HSW risk and the need for control verification "in practice". He has experience assisting organisations with audit and assurance activity giving Boards and Executives confidence that risk controls are actually in place and working effectively or identifying gaps and opportunities to improve risk control effectiveness.

Dale is committed to making a difference every day and looks forward to partnering with industry leaders to further develop a shared understanding of how to build positive organisations through strategic health, safety and wellbeing initiatives and partnerships.

In addition to Dale's practical experience in safety leadership, he holds a master's in health science from Edith Cowan University, a Graduate Diploma in Occupational Hazard Management from the University of Ballarat, an Advanced Certificate in Mediation from Bond University, a Certificate IV in Workplace Training and is an Accredited Mental Health First Aid Officer.