



Bill Carson

Mental Health and Wellbeing Facilitator (Principal Master MHFA Instructor)

Bill Carson is a Mental & Emotional Fitness Educator and Coach for Leadership and Team Performance. Bill has been a member of the HSE Global Team for over 5 years. Bill brings a personally inspiring and enjoyable learning experience in Mental Health First Aid, Resilience First Aid and Wellbeing Skills for Managers and their Team Members.

Bill specialises in helping firms and companies to implement workplace resilience, mental health and wellbeing. He provides high quality training, coaching, strategy, resources and programs.

Bill's professional experience and expertise has been with industries from Professional Services, Banking & Finance, Legal, Insurance, Manufacturing, Retail, Healthcare, and Tertiary Education.