



Maureen Kelly

Mental Health and Wellbeing Facilitator

Maureen is an experienced registered nurse who commenced her nursing career working with people with an intellectual disability. After further study she moved into the nurse education sector in the United Kingdom initially, and then New Zealand. She has spent 24 years facilitating learning with student nurses, registered nurses and other health professionals across certificate, diploma, degree, and postgraduate level courses in health-related fields including nursing and mental health.

Maureen has a degree in Nursing, an Honors degree in Nurse Education, a Master of Education, and is currently enrolled in a Doctor of Health Science through the University of Canterbury. Her research focus is on leadership development including succession planning and mentorship for health professional education roles in New Zealand.

In 2018 Maureen was invited to facilitate mental health and well-being workshops for a large New Zealand organisation. The opportunity to facilitate learning about mental health and well-being led to Maureen undertaking training and becoming accredited as a Mental Health First Aid (MHFA) instructor through Te Pou, the national license host of MHFA Aotearoa New Zealand. Maureen is passionate about facilitating learning and utilises her knowledge, experience and skills to enable learners to feel comfortable and gain the most from the learning opportunities provided.

Maureen lives in Putaruru in the South Waikato and enjoys walking and mountain biking on the nearby Waikato River